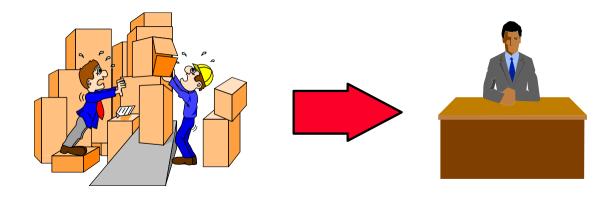
LOOKING FOR EMPLOYMENT

In the following section, you will have the opportunity to research your values, career, and vocational interests more extensively. However, it is important to remember that your first jobs might not always reflect your career interests.



Nevertheless, many entry-level jobs provide you not only with general work experience and references, but can also help you gain knowledge in your choice of careers. For example, if you are interested in culinary arts, working in a fast food restaurant might be helpful. If you want to pursue a career in business, working in a retail store might be valuable to you.

Don't be disappointed if you can't get an entry-level job which reflects your interests. **REMEMBER**: EVERY JOB PROVIDES YOU WITH IMPORTANT EXPERIENCE!!

JOB SEEKING SKILLS

"Life is What You Do While You're Making Other Plans." John Lennon, The Beatles

Don't wait for things to happen to you. Make them happen for you. Find out about yourself. What are the things that you like to do? What are the things you do well? And how can they fit together? This section includes a few activities that might help you answer some of these questions.

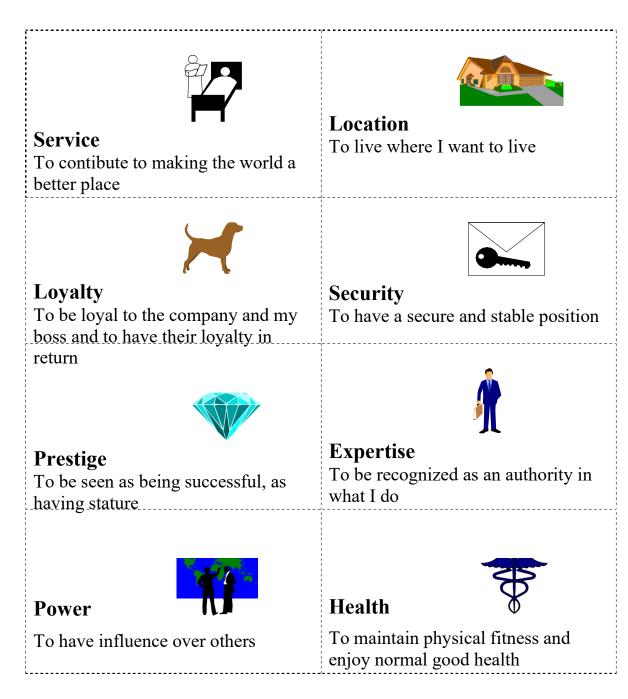


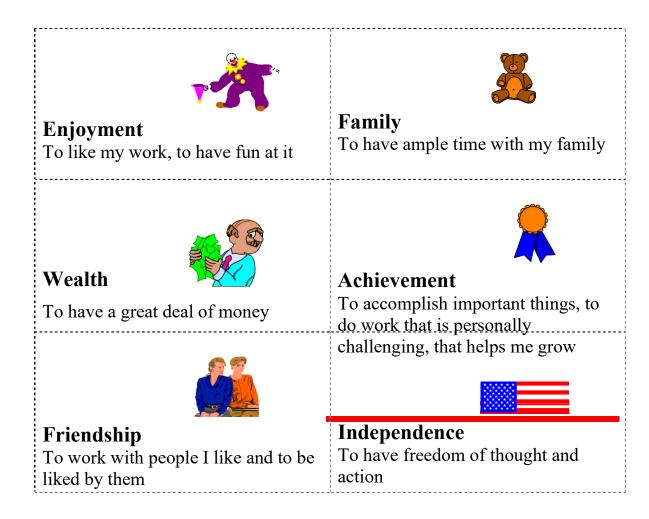
CARD GAME *What is of value to you in a job situation?*

You can play this game with 2 or more people. One person can read the directions step by step; the other person can be the player. The game will help you (the player) find out what things are important to you in a job and in your life.

Cut apart the 14 cards on the following pages. There is a card for each of the words listed below.

Service - To contribute to making the world a better place
Location - To live where I want to live
Loyalty - To be loyal to the company and my boss and to have their loyalty in return
Security - To have a secure and stable position
Prestige - To be seen as being successful, as having stature
Expertise - To be recognized as an authority in what I do
Power - To have influence over others
Health - To maintain physical fitness and enjoy normal good health
Enjoyment - To like my work, to have fun in it
Family - To have a great deal of money
Achievement - To accomplish important things, to do work that is personally challenging, that helps me grow
Friendship - To work with people I like and to be liked by them
Independence - To have freedom of thought and action





Game Directions:

What is of value to you in a job situation?

- **1.** Cut apart the 14 cards.
- 2. Lay out the cards and read them over carefully. Think about each quality as it applies to you.
- **3.** Which of the 14 qualities are most important to you? Choose your ten most important and write the words here

- **4.** Pretend you have been offered a job. Are these the ten qualities you would like to have in a new job?
- **5.** Uh-oh. You're going to have to give up one of your ten qualities. Which one will you sacrifice? Why?
- **6.** Now two more qualities have to go. Think about your decision carefully. What reasons did you have for making the choices you did?
- 7. GOOD NEWS! You can take one of the old qualities back. Which one will you take back?
- 8. Suppose you could have only *one* quality? Which would you choose? Why?

Have you ever had a job that didn't include enough of these qualities? How did you feel about it?

Take a few minutes to think about what decisions you just made. Why would you like to have the qualities you finally chose? Are these the things in life and in a job that really matter to you?

How do you think this information will help you?

SKILLS SURVEY

Whether you are thinking about long-range career goals or a job to earn some extra spending money, you will probably enjoy what you are doing if you can put some of your natural talents and skills to work. Everyone has skills -- things that you can do well. If you know your skills, not only will you be able to pick a job you enjoy more, but you will be better able to sell your qualities to your employer.



How many of the skills listed below are ones you have? Circle your skills (things you can do well).

Typing Washing Dishes Painting a Room Making a Bed **Raising Animals** Shopping for Food Caring for Children Driving a Car Fishing Making Friends Memorizing Facts Using Makeup Riding a Bike Doing a Puzzle Repairing a Bike Pumping Gas Sailing a Boat Operating a Cash Register Additional Skills:

Drawing Pictures Making a Sign Using Hand Tools Writing a Letter Using a Telephone Reading Maps Ironing Clothes Reading a Meter Mowing Lawns Wrapping Packages Riding a Horse Tuning an Engine Doing Laundry Washing Windows Grooming a Pet Reading Aloud Serving a Meal Taking Photographs

Making Things Dancing Selling Things Playing Football Swimming Telling a Story **Cutting Hair** Being a Caddie **Filing Papers** Managing a Club Singing Cooking Knitting Playing Baseball Skating Changing a Tire Hunting Making People Laugh

Fixing Things Growing Plants Driving a Truck **Playing Basketball** Spelling Acting **Arranging Flowers** Helping Old People **Chopping Firewood** Making Furniture Giving First Aid Lifting Weights Assembling a Model **Repairing Radios Giving Directions** Using a Calculator Filling Out Forms **Teaching Someone** How to do Something