

THIS IS MY PLAN

Get ideas about how to make a plan at www.fosterclub.org

Short term (1 year) goals	Steps & services (and who will help me)	Progress

Plan immediately after I leave foster care:

Long term goals (five years from now, my health, mental health, vision and dental goal is):

READINESS SCALE

Needs work 1 2 3 4 5 6 7 8 9 10 Prepared