

## Preparing Adolescents for Young Adulthood (PAYA)

### TRANSPORTATION

#### SKILL ASSESSMENT

The following questions will help you identify the skills related to transportation in which you excel and target those which you need to develop. By yourself or with your team try to answer each of the questions as honestly as possible. After completing this independent living skills assessment, review it with your team and identify those skills you would like to strengthen.

	<i>I do not know how to do this</i>	<i>I need to know more about this</i>	<i>I can do/ have done this</i>
1. Know the kind of public transportation available in my city/town and know what the fares are.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Can use public transportation (if public transportation is available) to get from my house to school, work, stores, etc.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Know how to read a bus or train schedule.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Am able to ride a bicycle; know and follow the safety rules.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Know how to use a taxi service, giving the dispatcher the necessary information (address and time) and know approximately how much the trip will cost.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Know what the procedures are to get a driver's license.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Know how to make connections between different locations using schedules, making reservations, changing from one type of transportation to another (bus to train, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Can give and follow directions to specific locations.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Know how to get the discounts generally offered by public transportation systems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Realize what the risks of hitchhiking are.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Independent Living Skills Module IV

	<i>I do not know how to do this</i>	<i>I need to know more about this</i>	<i>I can do/ have done this</i>
<b>11.</b> Know how to read a road map to plan a trip from one city to another.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>12.</b> Have a driver's license and am aware of the dangers of and the laws prohibiting drinking and driving.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>13.</b> Know how to register and insure a car.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>14.</b> Am aware of the necessary state safety inspection schedule for cars and can keep my car in good, safe shape by checking tire pressure and tread, oil levels, wipers, lights, etc., on a regular basis.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Independent Living Skills Module IV

# Transportation

Public transportation is generally a convenient and cost effective way to get around as well as a good alternative to using a car. Most cities and towns have some type of public transportation -- buses, trains, or a subway system. Larger cities often have more than one.



### ACTIVITY

Research the following and record your findings.

1. What kind of public transportation is available in your community?

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2. Is the public transportation available 24 hours per day every day or is there a schedule of service?

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3. On what days and/or at what times are the services limited or not available?

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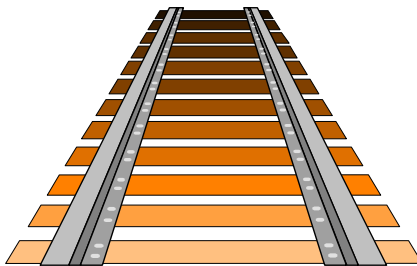
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4. How much are single fares?

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### Independent Living Skills Module IV

5. Are the fares different for people of different ages?

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6. Does the transportation system in your community offer monthly passes for riders who use the system regularly? If so, at what price?

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**C**onsider the following:

It is the first of the month and **Bob** has just started a new job in the city. He will be taking the commuter train to work everyday, paying a one-way fare of \$1.25 for each trip. A friend of his suggested that he buy a monthly pass, which will cost only \$40. Bob is not sure he wants to spend that money right now. *What would you suggest?*

## Independent Living Skills Module IV



### ACTIVITY

**You are going to start a part time job. Check out if you can take the Valley Metro bus to and from work by writing both addresses down and checking the routes. He goes to the [Valley Metro](#) site to check it out.**

**Your current home is:**

**Your new part time job is: (Pick one for fun!)**

1. Is there a way for you to use public transportation to get to and from work?

Are there other options?

## DIRECTIONS

Being able to give directions, follow directions, and read a road map are important skills that you'll need throughout adulthood. How good are your skills? Try the following exercises to find out.



### ACTIVITY

Imagine that you're standing in front of the building/house where you are now and a person stops his car to ask you how to get to Chase Field stadium downtown. Can you give him directions? If so, write them down.

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## Independent Living Skills Module IV

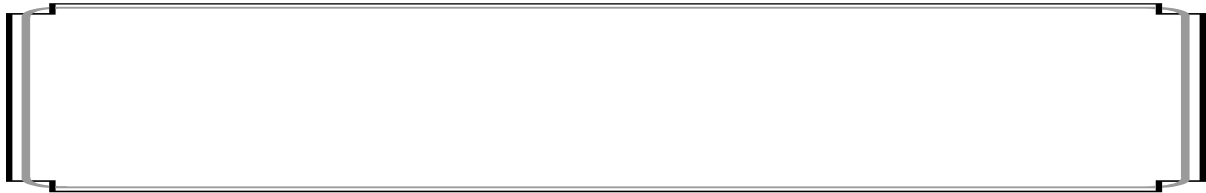
### Driver's License

The idea of obtaining a driver's license may be exciting for many of you. However, before making arrangements to get your permit, you need to take a close look at yourself. As a driver, you have to be mature and make good decisions at all times. When you drive you are not only responsible for yourself but also for all other people in the community.

**C**onsider the following:

It is a cold November night and **Mike** is driving on the highway. Ten miles from the next exit he discovers that his brakes are not working correctly.

What would you do in Mike's situation? Why?

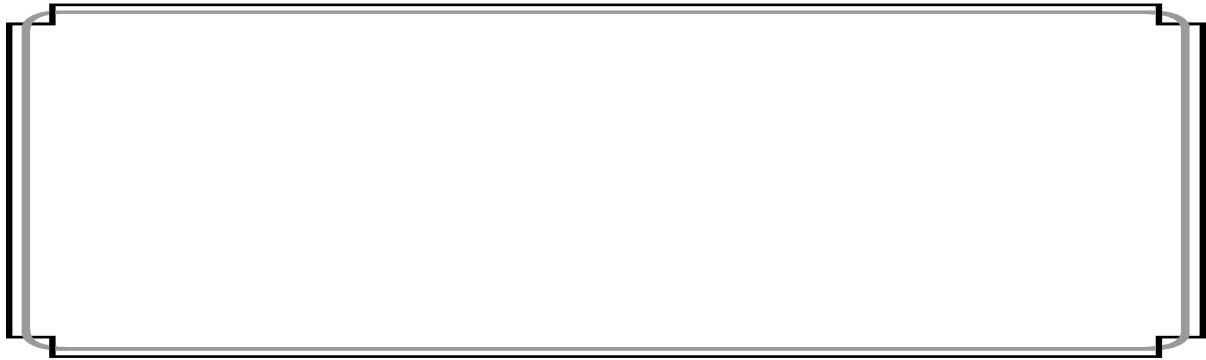


**Bill** met two of his friends at the mall's parking lot on a Saturday. When he arrived, a couple of guys came over and challenged Bill and his friends to a drag race on a nearby country road.

What would you do in that situation?



What should a good driver do/not do?



**NEVER DRIVE UNDER THE INFLUENCE OF ANY SUBSTANCES!!!**

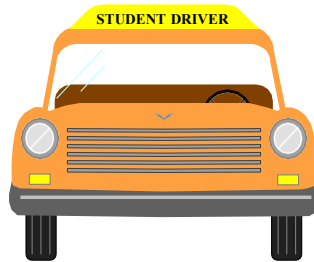
## Independent Living Skills Module IV

Only if you are sure that you will be responsible and follow the rules and regulations should you plan to get your license.

### Learner's Permit

To be eligible for a learner's permit, you must be at least 16 years of age. You can obtain a booklet through the Registry of Motor Vehicles which will assist you in studying for your written exam. Once you feel confident about your knowledge of rules and regulations, you can take the written exam at your local Registry. You have to present three forms of identification (birth certificate, photo ID, passport, Resident Alien Card, etc.) If you are under the age of 18, your permit application has to be signed by a parent or legal guardian. If you fail, you can take the test again at another time. If you pass, you can practice driving with a responsible driver over the age of 21.

**Note:** Most Registries offer the test in several other languages in addition to English.



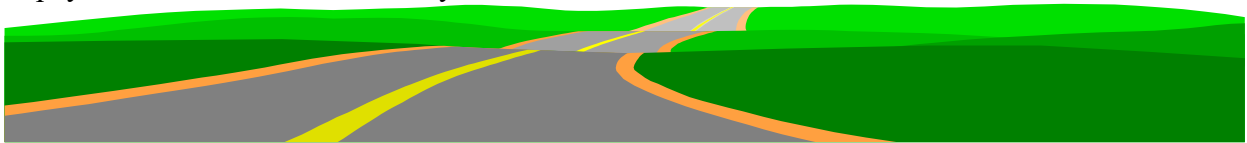
### Driver's Education

Many youth decide to enroll in driver's education classes. For a fee, driving school offers comprehensive preparation services. Enrolled students participate in theoretical classes to prepare for permits and to discuss safety issues. Additionally, an average of six to eight driving lessons are included in the fee.

Students who earn a driver's education certificate will get a discount on their future car insurance and will be able to get their licenses at the minimum age of 16.5 years instead of 17, the minimum age to obtain a driver's license *without* driver's education classes.

### Driver's License / Road Test

Once you feel confident in your driving abilities, you can set up an appointment with your local registry for a road test. You need to come to your appointment with a registered and properly insured car that meets all safety regulations. In addition, you need to be accompanied by someone over the age of 21 who has a valid driver's license. The fee for the road test is \$20. If you fail the road test you can take it again at a later date. If you pass the road test, you will have to pay \$33.75 to cover the cost of your license.



## Independent Living Skills Module IV



### ACTIVITY

Research the address and telephone number of the Registry of Motor Vehicles and write it in the box below.

Write down the rules in Arizona for a learner's permit or driver's license.



## **Independent Living Skills Module IV**