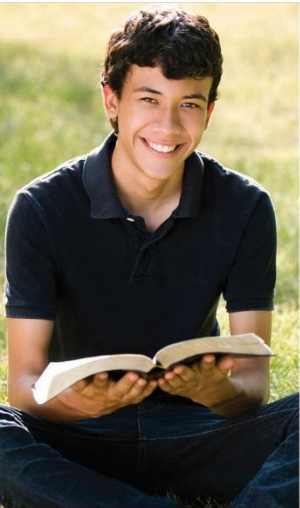


Young Adult Services

Program Overview

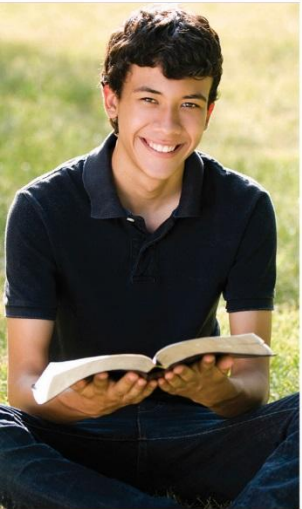
Through the ADCS contract, Young Adult Services provides services to youth and young adults who are currently in, or have previously experienced foster care at any point after their 16th birthday. Youth who have ADCS case management services are able to engage in skills training services, and young adults who are former foster care recipients are able to receive case management services. In order to provide tailored services to each youth population, the program offers three different services to youth and young adults:

1. **Living Skills Training (LST)**
2. **Transitional Independent Living Program (TILP)**
3. **Mentoring Services**



Living Skills Training (LST)

AzCA provides skills training to youth and young adults between the ages of 16-20 who are still involved with State or Tribal foster care. The purpose of Living Skills Training (LST) is to provide skills training in interpersonal and daily living skills to prepare current foster care recipients for adult living.



Young Adult Services

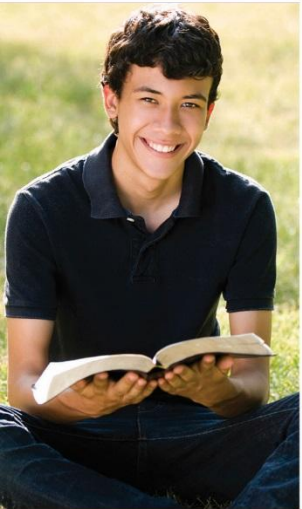
Living Skills Training (LST)

- LST utilizes ten skills training domains to aid youth in the transition to adulthood:

10 Skills Training Domains

- Cultural & Personal Identity
- Education
- Employment & Career Planning
- Health & Wellness
- Housing
- Life Skills
- Personal Finance
- Personal Safety
- Positive Parenting
- Relationships & Community Supports

- LST services are designed to support youth and young adults in their transition to independence. We assist in gaining tools for self-sufficiency, encouraging advocacy, and aiding in identifying mentors and natural supports.



Transitional Independent Living Program (TILP)

- AzCA provides case management for young adults at least 18 years old who were previously involved in State or Tribal foster care at some point after their 16th birthday. These young adults are no longer involved with the Arizona Department of Child Safety (ADCS) and must self-refer by calling the Young Adult Services (YAS) Referral Line.
 - Enrolled young adults are provided one-on-one assistance working towards living goals in the areas of:
 - Counseling
 - Housing
 - Education
 - Employment
 - Personal finances



Transitional Independent Living Program (TILP)

- Enrolled young adults may be provided assistance with as needed funding to help provide stabilization support, or in allowing them to work towards their self-sufficiency goals.
- Eligible young adults who are actively participating in the TILP services and maintain satisfactory progress toward their service plan goals may request entry into Extended Foster Care.
 - Eligible young adults had to have at least aged out of the Arizona state foster care system, which means they did not reach legal permanency prior to their 18th birthday.
 - They may have elected to discontinue their voluntary engagement in case management services, or were closed due to lack of contact upon their 18th birthday.



Young Adult Services

Eligibility

Living Skills Training (LST):

- An eligible youth is a person at least 16 years of age and currently:
 - in the custody of the tribal or state child welfare agency
 - in an out-of-home placement.

Transitional Independent Living Program (TILP):

- Eligible youth are individuals who are 18+ years of age who do not have an open ADCS case
- Were a ward of the state or tribal social services at age 16 or older, and who want to self-refer to receive skills services and assistance

- Eligibility for all youth ends on their 21st birthday
- Youth who have stopped the program prior to completion are able to return up until their 21st birthday
- Youth who have completed the program can be re-referred for additional support in specific skill areas.



Young Adult Services

Mentoring Services

Mentoring Services is a statewide one-on-one mentor program administered by Young Adult Services. Mentoring Services recruits and trains mentors to be well versed in the needs of young adults who are in foster care. The young adult must be interested in establishing permanent connections with positive adults in their communities. Individuals participating in Mentoring Services have the opportunity to develop supportive and positive relationships that contribute to the achievement of their personal, social, and educational growth.

