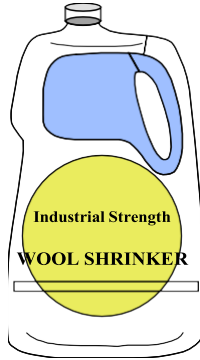


# CLOTHING

The kind of clothing we wear is usually important to us. Therefore, it is important to take proper care of it.

**C**onsider the following:

Ben got a new wool sweater for Christmas. He put it in the laundry with his other clothes and washed it in hot water. When he took out his laundry, Ben found his sweater was half its original size.



What do you think happened? How would you wash wool?

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## HOW DO YOU WASH YOUR CLOTHES?

**Take an inventory.**

	<u>YES</u>	<u>NO</u>
Do you read labels to find out how to wash your clothes?	<input type="checkbox"/>	<input type="checkbox"/>
Do you separate your laundry according to light and dark colors?	<input type="checkbox"/>	<input type="checkbox"/>
Do you use laundry detergent and bleach?	<input type="checkbox"/>	<input type="checkbox"/>
Do you hand-wash clothes which cannot be cleaned in a washing machine?	<input type="checkbox"/>	<input type="checkbox"/>
Do you iron your clothes, using the right temperature setting?	<input type="checkbox"/>	<input type="checkbox"/>
Do you take appropriate clothes to the dry-cleaner?	<input type="checkbox"/>	<input type="checkbox"/>

Read the clothing labels below and explain how you would clean, dry, and iron each individual item.

100% Cotton	100% Silk Hand-wash Only	50% Polyester 50% Rayon	80% Wool 20% Cotton Dry Clean Only
Clean:	Clean:	Clean:	Clean:
Dry:	Dry:	Dry:	Dry:
Iron:	Iron:	Iron:	Iron:

**A Note About Bleach**

If bleach is used inappropriately it can cause severe damage to your clothes! Even “color-safe” bleach can be harmful if over-used.

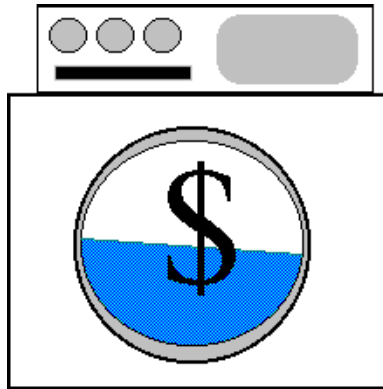
Under what circumstances would you use bleach?



**ACTIVITY**

You might not have access to a washer or dryer when living independently. In this case, you may need to use a local, coin-operated Laundromat.

*Go to a Laundromat and estimate how much it would cost to do your laundry each week.*



**My estimate for one week's washing and drying is.**

\$



**ACTIVITY**

*Go to a local dry-cleaner and inquire about the cost of dry-cleaning:*

A Shirt      A Sweater      A Coat





\$ \_\_\_\_\_ \$ \_\_\_\_\_ \$ \_\_\_\_\_

# WHAT TO WEAR

Wearing the right kind of clothes to the right occasion can save you from embarrassment and missed opportunities.

Take an inventory of your clothes and decide what you would wear at the following occasions:

*I Would Wear:*

<p>A Job Interview</p> 	
<p>High School Graduation</p> 	
<p>A Celtics Game</p> 	
<p>At Work</p> 	

The kind of clothes a person wears is often considered to be a part of his/her identity. There are times, however, where you might want to deviate from “your style.” It is not appropriate to wear jeans, sneakers, or baggy clothing to a job interview, for example, even though you may feel more comfortable in those clothes.

In general, taking good care of your personal appearance is well worth the effort.